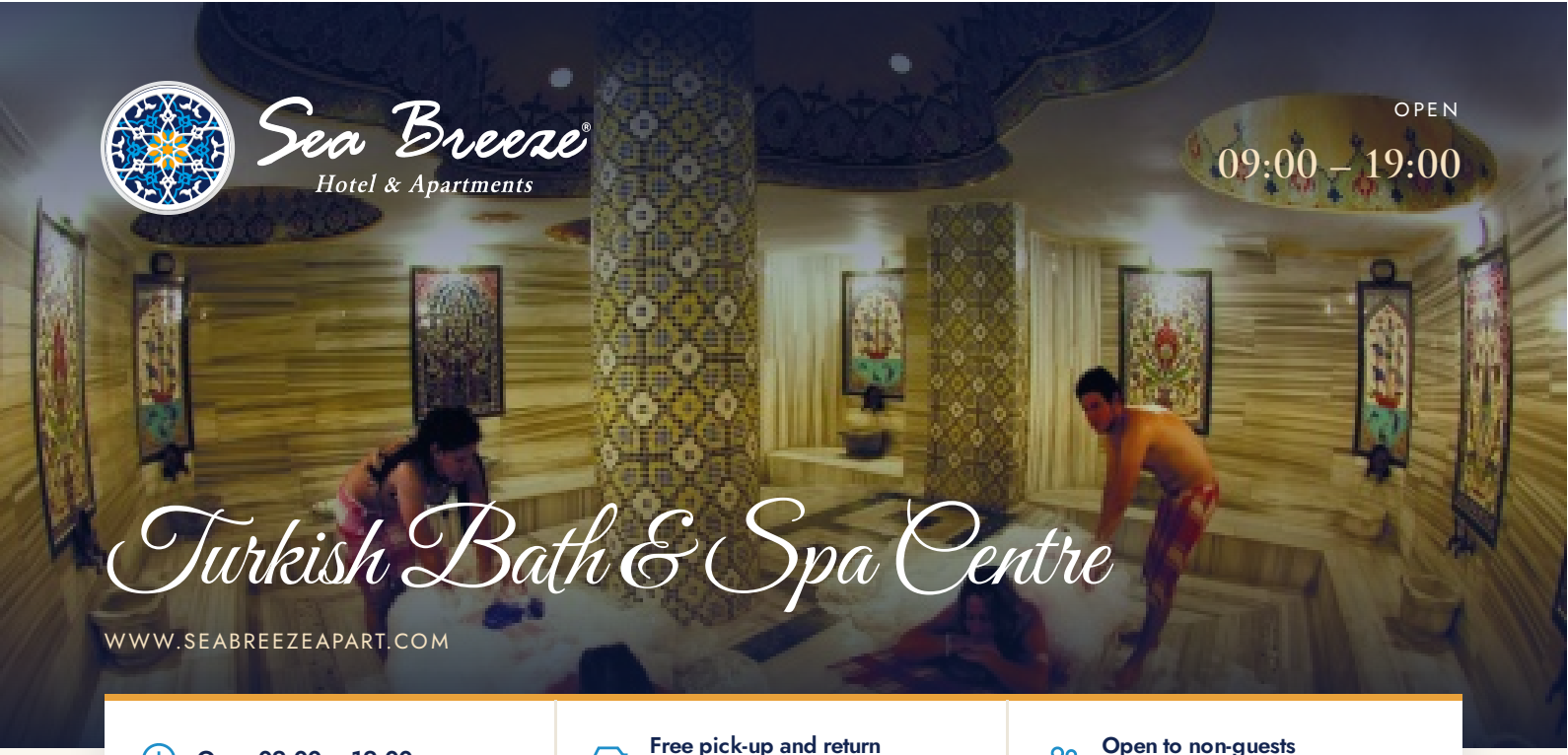


Sea Breeze® Hotel & Apartments

OPEN
09:00 – 19:00

Turkish Bath & Spa Centre

WWW.SEABREEZEAPART.COM

Open 09:00 – 19:00

Free pick-up and return
to your accommodation in local area

Open to non-guests
including free pick-up

Turkish Bath *Treatments*

Turkish Bath

Sauna · Full Body Scrub · Full Body Soap Massage · Jacuzzi · Shock Shower

Pasha Breeze Bath

Sauna · Full Body Scrub · Full Body Soap Massage · **Face Mask** · **Foot Care** · Jacuzzi · Shock Shower

Coffee Peeling Massage

This treatment gently exfoliates your skin while antioxidants work their magic leaving your skin looking smooth and healthy. This full body massage is performed in the Turkish bath so your treatment can be finished off with a foam wash down.

Chocolate Peeling Massage

Not only does it smell great, chocolate increases blood flow to the skin's surface leaving a healthy glow. As well as enhancing your mood, ironically, it prevents cellulite. This full body massage is performed in the Turkish bath so your treatment can be finished off with a foam wash down.

Clay Peeling Massage

Clay removes toxins and cleanses pores having a de-aging effect on your skin. This full body massage is performed in the Turkish bath so your treatment can be finished off with a foam wash down.

Honey Peeling Massage

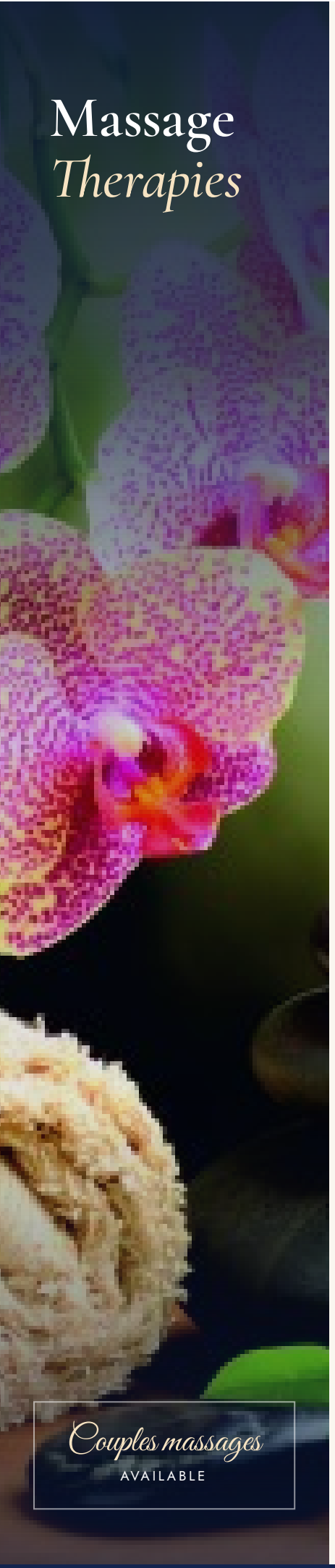
Honey is nature's miracle cure-all. Its antimicrobial properties promote healing of blemishes and its moisturising effects can help soften wrinkles while rehydrating your skin. This full body massage is performed in the Turkish bath so your treatment can be finished off with a foam wash down.







Massage *Therapies*



Classic Massage

A deep, mid-strength massage that is both muscle relaxing and stress alleviating. Our most popular massage and guaranteed to relieve tension right down to the individual cell. While full body is highly recommended, this massage can be modified as required.

Relaxation Massage

Our lightest massage, both relaxing and revitalising. Inner peace is promoted while the tension drains from your entire body. While full body is highly recommended, this massage can be modified as required.

Aromatherapy Massage

Choose your oil from a selection of aromas for this gentle and slow, full body massage. Physical and spiritual relaxation is immediate so a great way to start a holiday.

Sports Massage

A firm, therapeutic massage that is both creative and relaxing. The primary aim is to promote circulation, and therefore healing, of minor sports injuries but this massage is a favourite for those who like a strong, deep massage. Special oil along with special techniques are applied to refresh tired muscles. While full body is highly recommended, this massage can be modified as required.

Medical Massage

A deep tissue massage for the general rehabilitation of a tired body. Special oils are used on areas of discomfort or mild pain. Designed to provide general relief, not treatment of medical conditions. Great for those post flight or post trekking aches and pains. While full body is highly recommended, this massage can be modified to areas of specific need as required.

Reflexology

A foot massage concentrating on pressure points that respond to massage resulting in a deep sense of wellbeing. Energy blockages are eliminated and healing promoted – this massage will have you coming back for more.

Indian Head Massage

A very popular massage with maximum stress alleviation. Focusing on scalp, neck and shoulders you will be amazed at how much tension drains away. Often combined with reflexology for the ultimate experience.

Anti-Cellulite Massage

An intensive and very firm massage of the stomach, thighs & legs. Promotes the elimination of excess fatty deposits, stimulates circulation, reduces fluid retention and relieves muscular fatigue.

Hot Stone Massage

Carefully placed heated stones promote increased circulation, instant pain relief and just feel great! This massage is deeply relaxing and therapeutic and, while full body is highly recommended, can be applied to just back, shoulders and backs of legs.

Hot Oil Massage

A full body massage that deeply soothes. Hot oil is used to give a lasting, deep sense of well-being with relief of mild soft tissue pain and muscle aches. Totally relaxing and totally addictive!





Face Mask



Treatment *Packages*

approx. 1 ½ hrs

Breeze Classic

Turkish Bath	
Classic Massage	30 min.
Face Mask	clay
Foot Care	

approx. 2 hrs

Breeze Best

Turkish Bath	
Relaxation Massage	60 min.
Face Mask	clay
Foot Care	

approx. 1 ½ hrs

Breeze Pamper

Turkish Bath	
Classic Massage	30 min.
Mini Facial	
Foot Care	

approx. 1 ¾ hrs

Breeze Special

Turkish Bath	
Aromatherapy Massage	45 min.
Face Mask	clay
Foot Care	

approx. 30 min

Mini Facial

Cleansing	
Peeling	
Mask	
Face Massage	



Turkish Bath & Spa Centre

Please make your reservation at Sea Breeze Hotel's reception or via our website
(open to non-guests including free pick-up)

Free pick-up and return
to your accommodation in local area

FOR HAIRDRESSING & BEAUTY NEEDS
PLEASE SEE RECEPTION

Sea Breeze® Hotel & Apartments

TEL +90 252 616 77 14 – 15

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Ovacık Mah. 135 Sok. No:7
Ölüdeniz / Fethiye / Muğla / TURKEY

Open 09:00 – 19:00